

RICHLAND COUNTY SCHOOL DISTRICT ONE  
ALTERNATE SUMMER MENU 2021



Revise 6/10/2021

Week One	6/14/2021	6/15/2021	6/16/2021	6/17/2021	6/18/2021	6/19/2021	6/20/2021
<b>Breakfast</b>							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
<b>Lunch</b>							
	1 ea. Italian Combo WGR Wrap	1 ea. Chicken, Turkey Ham and Cheese Sand	1 ea. Turkey and Cheese Wrap on WGR Bread	1 ea. Cheeseburger on WGR bun	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	1/2 C Garden Salad w/ Dressing	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1 ea. Broccoli
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Assorted Chips	1 ea. Assorted Chips	100% Veg blend Juice,	1 ea. Ranch Dressing
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Fresh Fruit	1 ea. Assorted Chips	Raisins	1 ea. Assorted Chips
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit
	8 oz. Milk	8 oz. Milk	8 oz. Milk		8 oz. Milk		8 oz. Milk

This insitution is an equal opportunity provider



Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily

RICHLAND COUNTY SCHOOL DISTRICT ONE  
ALTERNATE SUMMER MENU 2021



Week Two	6/21/2021	6/22/2021	6/23/2021	6/24/2021	6/25/2021	6/26/2021	6/27/2021
<b>Breakfast</b>							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
<b>Lunch</b>							
	1 ea. Sunbutter and Jelly Sandwich	1 ea. Italian Sub on WGR Roll	1 ea. Turkey Ham and Cheese Sandwich on WGR Bread	Chicken Fajita Salad:	Tukey & Cheese Wedge Sandwich	1 ea. Nacho Cheese Meal	1 ea. Beef Stick Meal:
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	3oz. Fajita Chicken & 1oz Cheese	3 ea. Baby Carrots	Cheese cup, Sunflower Seeds	Beef Stick, Cheese Stick
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	2 C Garden Salad Mix, 2 oz Sweet corn, 2 oz. Black beans, 3 ea. Grape tomatoes	1 ea. Ranch Dressing	Wheat Crackers	Cheez it crackers, Strawberry Applesauce
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	100% Veg blend Juice	100% Juice Breaks Vegetable Juice
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8oz. Milk	8 oz. Milk
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk		

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Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily

RICHLAND COUNTY SCHOOL DISTRICT ONE  
ALTERNATE SUMMER MENU 2021



Week Three	6/28/2021	6/29/2021	6/30/2021	7/1/2021	7/2/2021	7/3/2021	7/4/2021
<b>Breakfast</b>							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
<b>Lunch</b>							
	1 ea. Italian Combo WGR Wrap	1 ea. Chicken, Turkey Ham and Cheese Sand	1 ea. Turkey and Cheese Wrap on WGR Tortilla	Chicken Tender Salad 31g : 3 oz. Chicken Tenders, 1 oz. cheese, 1 oz egg	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	1 C Garden Salad, 2 oz. grape tomatoes, 2 slices cucumbers	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1 ea. Broccoli
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	2 pks WGR Croutons	1 ea. Assorted Chips	100% Veg blend Juice,	1 ea. Ranch Dressing
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Fresh Fruit	1 ea. Assorted Chips	Raisins	1 ea. Assorted Chips
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit
	8 oz. Milk	8 oz. Milk	8 oz. Milk		8 oz. Milk		8 oz. Milk

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Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily



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ALTERNATE SUMMER MENU 2021



Week Four	7/12/2021	7/13/2021	7/14/2021	7/15/2021	7/16/2021	7/17/2021	7/18/2021
<b>Breakfast</b>							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
<b>Lunch</b>							
	1 ea. Sunbutter and Jelly Sandwich	1 ea. Italian Sub on WGR Roll	1 ea. Turkey Ham and Cheese Sandwich on WGR Bread	Chicken Fajita Salad:	Tukey & Cheese Wedge Sandwich	1 ea. Nacho Cheese Meal	1 ea. Beef Stick Meal:
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	3oz. Fajita Chicken & 1oz Cheese	3 ea. Baby Carrots	Cheese cup, Sunflower Seeds	Beef Stick, Cheese Stick
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	2 C Garden Salad Mix, 2 oz Sweet corn, 2 oz. Black beans, 3 ea. Grape tomatoes	1 ea. Ranch Dressing	Wheat Crackers	Cheeze it crackers, Strawberry Applesauce
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Doritos	1 ea. Assorted Chips	100% Veg blend Juice	100% Juice Breaks Vegetable Juice
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8oz. Milk	8 oz. Milk
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk		

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Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily



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ALTERNATE SUMMER MENU 2021



Week Five	7/19/2021	7/20/2021	7/21/2021	7/22/2021	7/23/2021	7/24/2021	7/25/2021
<b>Breakfast</b>							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
<b>Lunch</b>							
	1 ea. Italian Combo WGR Wrap	1 ea. Chicken, Turkey Ham and Cheese Sand	1 ea. Turkey and Cheese Wrap on WGR Tortilla	Chicken Tender Salad 31g : 3 oz. Chicken Tenders, 1 oz. cheese, 1 oz egg	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	1 C Garden Salad, 2 oz. grape tomatoes, 2 slices cucumbers	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1 ea. Broccoli
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	2 pks WGR Croutons	1 ea. Assorted Chips	100% Veg blend Juice,	1 ea. Ranch Dressing
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Fresh Fruit	1 ea. Assorted Chips	Raisins	1 ea. Assorted Chips
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit
	8 oz. Milk	8 oz. Milk	8 oz. Milk		8 oz. Milk		8 oz. Milk



Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily

Week Six	7/26/2021	7/27/2021	7/28/2021	7/29/2021	7/30/2021	7/31/2021	8/1/2021
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ALTERNATE SUMMER MENU 2021

Breakfast							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
Lunch							
	1 ea. Sunbutter and Jelly Sandwich	1 ea. Italian Sub on WGR Roll	1 ea. Turkey Ham and Cheese Sandwich on WGR Bread	Chicken Fajita Salad:	Tukey & Cheese Wedge Sandwich	1 ea. Nacho Cheese Meal	1 ea. Beef Stick Meal:
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	3oz. Fajita Chicken & 1oz Cheese	3 ea. Baby Carrots	Cheese cup, Sunflower Seeds	Beef Stick, Cheese Stick
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	2 C Garden Salad Mix, 2 oz Sweet corn, 2 oz. Black beans, 3 ea. Grape tomatoes	1 ea. Ranch Dressing	Wheat Crackers	Cheeze it crackers, Strawberry Applesauce
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Doritos	1 ea. Assorted Chips	100% Veg blend Juice	100% Juice Breaks Vegetable Juice
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8oz. Milk	8 oz. Milk
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk		

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Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily

Week Seven	8/2/2021	8/3/2021	8/4/2021	8/5/2021	8/6/2021	8/7/2021	8/8/2021
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ALTERNATE SUMMER MENU 2021

Breakfast							
	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
Lunch							
	1 ea. Italian Combo WGR Wrap	1 ea. Chicken, Turkey Ham and Cheese Sand	1 ea. Turkey and Cheese Wrap on WGR Bread	1 ea. Cheeseburger on WGR bun	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	1/2 C Garden Salad w/ Dressing	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1 ea. Broccoli
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Assorted Chips	1 ea. Assorted Chips	100% Veg blend Juice,	1 ea. Ranch Dressing
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Fresh Fruit	1 ea. Assorted Chips	Raisins	1 ea. Assorted Chips
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit	8 oz. Milk	1 ea. Assorted Fresh Fruit
	8 oz. Milk	8 oz. Milk	8 oz. Milk		8 oz. Milk		8 oz. Milk

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Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily

Week Eight	8/9/2021	8/10/2021	8/11/2021	8/12/2021	8/13/2021	8/14/2021	8/15/2021
Breakfast							

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ALTERNATE SUMMER MENU 2021

	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal	1 oz. Assorted Cereal
	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice	4 oz. 100% Assorted Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit	1 C Fresh Fruit
Lunch							
	1 ea. Sunbutter and Jelly Sandwich	1 ea. Italian Sub on WGR Roll	1 ea. Turkey Ham and Cheese Sandwich on WGR Bread	Chicken Fajita Salad:	Tukey & Cheese Wedge Sandwich	1 ea. Nacho Cheese Meal	1 ea. Beef Stick Meal:
	1 ea. Squash w/Ranch	3 ea. Baby Carrots	1/2C Grape Tomatoes	3oz. Fajita Chicken & 1oz Cheese	3 ea. Baby Carrots	Cheese cup, Sunflower Seeds	Beef Stick, Cheese Stick
	1 ea. Ranch Dressing	1 ea. Ranch Dressing	1 ea. Ranch Dressing	2 C Garden Salad Mix, 2 oz Sweet corn, 2 oz. Black beans, 3 ea. Grape tomatoes	1 ea. Ranch Dressing	Wheat Crackers	Cheeze it crackers, Strawberry Applesauce
	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	1 ea. Assorted Chips	100% Veg blend Juice	100% Juice Breaks Vegetable Juice
	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	1 ea. Assorted Fresh Fruit	8oz. Milk	8 oz. Milk
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk		

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Assorted Fresh Fruit: Apples, Bananas, Oranges  
Assorted Chips: Sunchips, WGR Cheetos, WGR  
1% Skim Milk Provided Daily